

LEVEL 1-3 MAG & WAG COMPETITIVE GYMNASTS

Congratulations to all our level 1-3 gymnasts who has completed their gymnastics competition season

Keep up the hard work girls and boys and lets prepare for the next competition season



GOOD LUCK TO ALL OUR SENIOR GYMNASTS ON THE UPCOMING COMPETITION SEASON



ARTISTIC COMPETITION DATES

- District Trials : 12-14 July (UCT Sports Complex)
- Western Cape Championships : 22-24 August (WC Sports School)
- SA National Gymnastics Games : 21-30 September (UCT Sports Complex)

TUMBLING COMPETITION DATES

- District Trials : 20 July (Eversdal Gymnastics)
- Western Cape Championships : 16-17 August (Eversdal Gymnastics)
- SA National Gymnastics Games : 21-30 September (UCT Sports Complex)

Social Media

Be sure to follow us on various social media platforms for pictures and videos of our day to day activities in the gym



[Gordons Gymnastics](#)



[gordonsgymnasticscpt](#)



[@GordonsSports](#)

RECREATIONAL GROUPS ASSESSMENT WEEK 1-6 August

During this week the coaches will assess your child's skills progression, and they would be awarded a certificate from Gordons.

Please continue to encourage your children.

RECREATIONAL GROUPS PARENT VIEWING WEEK 14-19 August

All parents of our existing members are welcome to come and watch how their children mastered the skills that they have been working on



NATIONAL GYMNASTICS DAY



SAVE THE DATE!! 21 September 2019

Be sure to partake in any gymnastics activity on the day and share your activity on various social media platforms, using the following hashtag #HGD2019



School Outings at Gordons – Fundraiser

Contact us to find out how you can arrange a **FREE** outing for your child's school.

Contact us on 0216869213 or send us an email to info@gordonsct.co.za



At Gordons we believe that every child should be physically active hence this program whereby we host schools **for free** to do a fun gymnastics program with our qualified coaches.



Holiday Camp: 23-30 September

Are the kids bored at home during their school term break? Bring them to our holiday camp for some fun and games **R125 pp**

WHAT'S NEW!!

KIDS FUN GYM

2 hours of fun and no specific structure

Cost: R80 per person

Games Evening 30 August 2019

Friday 6pm - 9pm

Enjoy a fun filled evening at our next kids games evening on 30th August 2019.

Book early to avoid disappointment.

Cost per child: R125, Pizza and juice provided.

Member Feature



A special congratulations to the senior gymnasts who made podium at Artistic District Trials in their respective levels and age groups



Congratulations and well done Nicola Tucker and Dylan Greenwood on your outstanding achievement for tumbling

Male and female level 4 tumblers of the year 2018



Birthday Parties

Having a birthday and looking for an indoor venue to host your child's birthday party, our venue is still amongst the favorite to host kiddies' birthday parties. The standard minimum charge is R1150 for 10 or less children, thereafter it's R100 per child. A non-refundable deposit of R600 is needed to secure your booking. Existing club members will receive a 5% discount on their party booking fee.



Rope skipping fitness class for adults:

Coach Thozamile and his jumping crew are back and meet every Wednesday @7pm.

Calendar



The new calendar is ready. Please find the updated calendar on our website.

Click on the icon to download your copy.

Contact us:

[Gordons Gymnastics, 9 Hill Park Lane](#)

P.O. Box 13054, Mowbray 7705

Tel: 021-686 9213 Cell: 082-545 6675

General: info@gordonsct.co.za

Parties & Ninjazone: party@gordonsct.co.za

Accounts: accounts@gordonsct.co.za

Web: www.gordonsgymnastics.co.za

Banking Details:

Gordons Gymnastics Club (PTY) LTD

Bank: First National Bank

Branch: Rondebosch (Mowbray accepted)

Branch Code: 200309

Account Number: 500 700 55 030

Account Type: Current Account

A kind reminder that finance charges will be levied if your account has not been settled on time. Please contact us on 021-686-9213. Our office hours are weekly from 08h00am – 16h00pm. Alternatively, speak to us about a debit order payment plan.