

## A warm-hearted welcome to 2019

This term started off with a bang, buzzing with activities and so much to do. I think we can all agree. 😊

We welcome Coach Nicole, the newest member to the Gordons family as well as each and every gymnast and their parents who started this year with us. We hope this year will run smoothly for all.

We would like to thank you for your continued support. Please continue to refer us to your family and friends. Upon their subscription, your child is entitled to a 10% discount on his/her term fee.



Gordons Gymnastics Club in association with Generations schools have started the Gymnastics extra mural program at the brand new Imhoff Generations school in Kommetjie. Coach Janine is putting the kids through the paces to build future stars.

### Banking Details:

Gordons Gymnastics Club (PTY) LTD  
 Bank: First National Bank  
 Branch: Rondebosch (Mowbray accepted)  
 Branch Code: 200309  
 Account Number: 500 700 55 030  
 Account Type: Current Account

A kind reminder that finance charges will be levied if your account has not been settled on time. Please contact us on 021-686-9213. Our office hours are weekly from 8h00am – 16h00pm. Alternatively, speak to us about a debit order payment plan.

## ASSESSMENT WEEK 23 – 28 March

In this week the coaches assessed your child's skills and awarded them certificates from Gordons. Please continue to encourage your children.

## PARENT VIEWING WEEK 9-14 March

All parents of our existing members are welcome to come and watch how their little ones have mastered their skills.

## Micklefield

Coach Thozamile Peter presents rope skipping lessons at this school to the Grade 1 and 2 learners. Classes are going well.

## School Outings at Gordons – Fundraiser

**Contact us to find out how you can arrange a FREE outing for your child's school.**

Contact us on 0216869213 or send us an email to [info@gordonsct.co.za](mailto:info@gordonsct.co.za)



## Open Gym

Our gym is officially open to members of the public who wishes to train at our facility for an hour. The cost is R65 from Mondays to Fridays. Group bookings are welcome. \*Different costings will apply. A confirmed booking is essential. Please enquire about available time slots

At Gordons we believe that every child should be physically active hence this program whereby we host schools **for free** to do a fun gymnastics program with our qualified coaches.

### Games Evening – 22 February 2019

Our popular Games evening took place at the gym. We had about 20 children who attended and thoroughly enjoyed themselves. All our coaches were present and even made a live video recording which was posted to our Facebook Page which the public could view and parents could check to see how their kids were doing. We look forward to the next one happening later this year. If you didn't get a chance to book this time around. **The next one is set to happen on 31<sup>st</sup> May 2019.** The fee per child is R125. Your child will receive a 50% discount on his/her fee for this evening when he/she brings a friend. We will send out a reminder closer to the time.



### Member feature

**Cassidy Burgess** (Level 2 WAG gymnast). Gordons Gymnastics Club would like to commend Cassidy as she participated in two swimming galas during the holidays. She earned three bronze medals in the Championship Gala and six gold and one silver in the Sun Valley Classic WP Gala. She was chosen to represent Western Cape at her most recent gala in East London. Congratulations Cassidy



### Parties

Our venue is still among the favorite to host kiddies birthday parties. The standard minimum charge is R1150 for 10 or less children, thereafter it's R100 per child. A non-refundable deposit of R600 is needed to secure your booking. Existing gym members will receive a 5% discount on their party booking fee.



### Rope skipping fitness class for adults:

Coach Thozamile and his jumping crew are back and meet every Wednesday @7pm.

### Calendar



The new calendar is ready. Please find the updated calendar on our website. Click on the icon to download your copy.

### Contact us:

[Gordons Gymnastics, 9 Hill Park Lane](#)  
P.O. Box 13054, Mowbray 7705  
Tel: 021-686 9213 Cell: 082-545 6675  
General: [info@gordonsct.co.za](mailto:info@gordonsct.co.za)  
Parties & Ninjazone: [party@gordonsct.co.za](mailto:party@gordonsct.co.za)  
Accounts: [accounts@gordonsct.co.za](mailto:accounts@gordonsct.co.za)  
Web: [www.gordonsgymnastics.co.za](http://www.gordonsgymnastics.co.za)  
Twitter: [@GordonsSports](https://twitter.com/GordonsSports)  
Facebook: [Gordons Gymnastics](https://www.facebook.com/GordonsGymnastics)  
Instagram: [gordonsgymnasticscpt](https://www.instagram.com/gordonsgymnasticscpt)

Term 2, 2019 starts on 2 April and ends 14 June.  
THE START DATE IS ALSO THE DUE DATE FOR 2nd TERM FEES.  
Pay before or on 2nd April and get 5% off your term fee!!!